

October

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mac n Cheese Lima Beans Fresh Fruit Salad Bar	2 Grilled Cheese Veggie Soup Fruit Salad Bar
5 Cheese Quesadilla Corn Fruit Salad Bar	6 Chicken Tenders Mashed Potato Fruit Salad Bar	7 Ground Beef Patty Red Rice Mixed Veggies Fresh Fruit Salad Bar	8 ½ Day Conferences No Lunch	9 Sheet Pan Pizza Lima Beans Fruit Salad Bar
12 No School Fall Break	13 Beef & Bean Burrito Mexican Corn Fruit Salad Bar	14 Honey Lemon Chicken Basmati Rice Green Beans Fruit Salad Bar	15 Veggie Cutlet Peas and Carrots Fruit Salad Bar	16 Tuna Sandwiches Noodle Soup Fruit Salad Bar
19 Baked Potato Bar Fruit Salad Bar	20 Turkey Wraps Chick Pea Salad Fruit Salad Bar	21 Spaghetti w/Meat Sauce Broccoli Fruit Salad Bar	22 Tuna Salad Yeast Rolls Peas Fruit Salad Bar	23 Tacos Corn Fruit Salad Bar
26 Baked Ziti Green Beans Fruit Salad Bar	27 Hamburgers French Fries Cole Slaw Fresh Fruit Salad Bar	28 Shwarma Chicken Basmati Rice Israeli Salad Fresh Fruit Salad Bar	29 Mac n Cheese Lima Beans Fresh Fruit Salad Bar	30 Grilled Cheese Veggie Soup Fruit Salad Bar