

# EC2 Yellow Tip Sheet

## 2024 - 2025

Welcome to Adlestone Hebrew Academy, we are so excited to share a wonderful school year with you. Your child's teachers are Miss Hannah and Miss Shanda. This year promises to be filled with joy, creativity, and discovery. Your child will engage in a variety of child-led enriching activities, including art, music, Judaics, themed performances, and more! We look forward to a year of learning and growth together!

Prior to the first day of school, you may want to try some of the following to help ease the transition for both you and your child:

- Begin an early bedtime routine (roughly 7:00-7:30 pm)
- Plan some opportunities to be away from home and consider playdates to leave your child with family members or friends.
- Consider finding a goodbye routine for you and your child to participate in during carpool drop off (hugs, chants, high fives, etc.)

Potty Training Reminders: Following your child's lead on potty training is essential. Once your child has been accident free for two consecutive weeks and he/she can initiate potty requests ("I have to go potty." etc.) and or responds to a timed potty training schedule in the classroom; the teachers will begin the potty training process in the classroom. Potty training is a partnership between the child, the parent(s) and the teacher(s). Please take this partnership seriously. Consistency between the classroom and home is a key factor in the overall success of your child's potty training journey.

### **EC2 Yellow Supply List**

- Two complete changes of clothing (including socks and one pair of shoes). Please label each item and place them in a labeled Ziploc bag to remain at school
- 1 large box diapers or pull ups (with easy open sides)
- 1 large case of wipes
- Diaper cream (labeled), if needed
- \$30 VISA gift card. This is used for special classroom events and your child's assessment portfolio
- Backpack (no wheels)
- 2 boxes gallon size Ziploc bags
- 1 box quart size Ziploc bags
- 2 boxes of tissues
- 1 box of bandaids
- 1 bottle of hand sanitizer
- A printed picture of your family (for the family bulletin board)
- A 1-inch binder (with a clear front pocket for cover insert)
- A 2-pocket folder

- ❑ 1 pack of colored card stock
- ❑ 20 sheet protectors
- ❑ 1 labeled reusable water bottle (to be returned daily)
- ❑ 1 bottle of sunscreen and insect repellent (if desired)

### **Sleepers Will Need**

- ❑ Blanket and lovey or favorite stuffed animal (if they use)

**Please bring the aforementioned items to school during your scheduled Parent Intake Conference Day in August and monitor your email for an invitation to schedule your conference.** Having these items taken care of before the FIRST DAY of school (August 19) will allow you to focus on your child's transition into the classroom.

### **Helpful Reminders:**

- Expect some anxiety on the first days and even weeks of school. This is normal.
- Remember a quick goodbye is usually best. Practice your "goodbye routine" with your child prior to their first day in the carpool line.
- Please **label** all of your child's belongings.
- Dress your child appropriately for the weather and play. Choose clothing that is at an appropriate length to avoid tripping/potty training limitations.
- For safety reasons, please send your child in **closed-toed shoes** and socks.
- Children may **not** enter the building with food, candy, sippy cups, drinks, or pacifiers.
- Drop-off time is between 7:30-8:00 am and dismissal time is at 11:55 am (half day) or 3:20 pm M-TH and 2:45 pm on Friday (full day). \*Any child not picked up from the carpool by 3:45pm(M-TH), 2:45pm(F) will be billed for extended day fees. This is to ensure that all children are accounted for and supervised at all times. All late pick-ups will generate a fee (per child) of \$25.00.
- Apply sunscreen/insect repellent prior to entering the building each day. Teachers will reapply in the afternoon upon parent request.
- Refrain from bringing toys and other items to school.
- All children will rest after lunch for at least 30 minutes. Children who are still awake at the 30 minute mark will be provided with a quiet activity.
- Early Childhood (12 months-4 years old) parents will have the added benefit and consistency of receiving daily updates on their child's day, including learning activities, snack/meals, diapering/potty, and pictures from the school day. You will receive an invite to the Tadpoles App prior to the first day of school.
- Check your child's Tadpoles communication app daily for important information and updates.

Thank you in advance for your support and partnership in helping to make your child's "Addlestone experience" a success. We look forward to sharing a wonderful year with you and your child!