# Tiny Tots Tip Sheet 2023 - 2024

During the summer, you may want to try some of the following:

- Drop your child's morning nap and move to the afternoon nap only.
- Use small cups and spoons with small amounts of liquids, similar to our procedure in the classroom.
- Discontinue using the pacifier except for napping, if necessary.
- Children **must** be **independently** walking to start school.
- Start an early bedtime routine.

Think about or plan some opportunities to be away from home. Consider playdates or opportunities to leave your child with family members or friends. This may make the transition to school easier for you and your child.

#### Tiny Tots Will Need:

- Two complete changes of clothing. Please label each item and place them in a labeled Ziploc bag
- Diapers and a box of wipes
- Diaper cream (labeled), if you use it on your child
- \$20 gift card for Walgreens. This is for printing photos used in your child's assessment portfolio.
- □ Book bag, one that is able to hold a 9X12 folder (no wheels, please)
- □ 1 box gallon size Ziploc bags
- 1 box quart size Ziploc bags
- 1 boxes of tissues
- □ A family picture and pictures of your family members for the family bulletin board
- □ 1-inch binder (with a clear front pocket for cover insert)
- □ 1 pack of colored card stock
- □ 20 Sheet protectors

Please bring the aforementioned items to school on the Parent Intake Conference Day in August. Appointments will be made on August 17th and 18th. Having these items taken care of before the FIRST DAY of school (August 21) will allow you to focus on your child (not the belongings) on that day.

(turn to back page)

### **Sleepers Will Need:**

- Decifier in a labeled Ziploc bag for sleeping, if needed
- □ Blanket and lovey (if they use)
- □ An additional change of clothing, each item labeled and in a Ziploc bag

#### Things to Think about:

- Expect some anxiety on the first days and even weeks of school; this is normal.
- Remember a quick goodbye is usually best; plan a routine with your child.
- Dress children appropriately for play and in clothing at an appropriate length to avoid tripping.
- Send your child in **closed-toed shoes** and socks for safety reasons.
- Children may **not** enter the building with food, candy, sippy cups, drinks, or pacifiers.
- Please label all of your child's belongings.
- Drop-off time is between 7:30 8:00 am and dismissal is at 11:55 (half day) or 3:20 (2:45 on Friday).
- Apply sunscreen/insect repellent prior to entering the building each day.
- Refrain from bringing toys and other items to school.
- All children will rest after lunch for at least 30 minutes. Children who are still awake at the 30 minute mark will be provided with a quiet activity.
- Check your child's communication app and folder, in the book bag, daily for important information. Return the folder to school each morning. Please place all written communication for the staff in the appropriate space in the folder.

Thank you in advance for your cooperation and support. We look forward to a wonderful year with your child.

## See you in August!